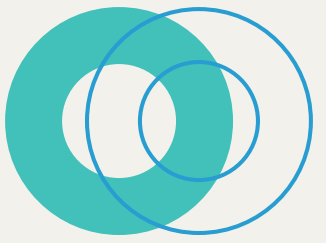


# OPTIMISING DIABETES BEFORE CARDIAC SURGERY – A CRUCIAL STEP



IF YOU'RE SEEING A  
PATIENT WITH DIABETES  
WHO IS SCHEDULED FOR  
CARDIAC SURGERY,  
PLEASE TAKE A MOMENT  
TO:



1

GIVE THE PATIENT  
AN "IMPROVE YOUR  
DIABETIC CONTROL  
PRIOR TO CARDIAC  
SURGERY" LEAFLET

2

## ENCOURAGE PRE-OP DIABETES OPTIMISATION

- Importance of **good blood glucose control**
- Advise on **healthy diet** and **regular physical activity**
- Reinforce the need to **take diabetes medications/insulin**
- Urge the patient to **speak with their GP or diabetes team** to review and optimise their management plan

3

## REFER+ REQUEST ADMISSION HBA1C

- **HbA1c >53mmol/mol** ask patient to see GP
- **HbA1c >69mmol/mol** refer to **diabetic nurse specialist**

REQUEST IN NOTES ALL PATIENTS TO  
HAVE ANOTHER HBA1C PERFORMED ON  
ADMISSION TO SURGERY!



Hull University  
Teaching Hospitals  
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