Meet the Jean





Ainsley Belton Bereavement Midwife



Jenna Cadden Bereavement Midwife





Samantha Catanach Bereavement Support Worker

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PREGNANCY AFTER LOSS

We would firstly like to congratulate you on your pregnancy news! We understand pregnancy after a loss can be a joyful, yet difficult and anxious time for many parents. Our rainbow service has been developed in the hope of supporting you throughout pregnancy and birth with an attempt to alleviate some of the anxiety you may experience.

Your maternity care will be provided by the whole multi-disciplinary team including ourselves, Community Midwifery, Obstetricians, Sonographers and any other specialist services you may require.

We are here to support you in any way that we can, this pack contains a breakdown of where we will have contact throughout the pregnancy.However we can also attend scans and consultant appointments with you should you require our support. If you would like us to support at any additional appointment or scan then please let us know

For any urgent concerns in your pregnancy please use the single point of access contact number - 01482 311500. Our service operates Monday to Friday 8am-4pm and is not for urgent care.

We encourage you to make contact with us as much or little as you require, our contact details are as followed:

Hull Rainbow Clinic Team 07990800223 or 01482 608962 Hyp-tr.heybereavementmidwives@nhs.net

Rainbon Pack Clinic Contents

**Pregnancy After Loss Sticker** - This sticker was designed by bereaved women of Hull and created by Chasing rainbows charity. Women wanted the death of their baby to be acknowledged by healthcare professionals and chose the wording to stand out and be taken note of. You can place this sticker on your handheld notes which are taken to appointments.

Pregnancy After Loss Lanyard – In line with the pregnancy loss review recommendations we have a pregnancy after loss lanyard that can be worn to your appointments should you wish. This is to make professionals aware of your history as soon as they see the lanyard being worn and should help to avoid you needing to repeat your history in appointments. Supplied by Chasing Rainbows Charity. On the reverse on the card attached are important contact numbers, these are numbers that you may need at difference stages of your pregnancy. The early pregnancy assessment unit (EPAU) are contactable from early pregnancy through to 15+6 should you require any medical advice. The maternity single point of contact number is for 16 weeks onwards for any medical and/or urgent concerns.

Hull Rainbow Clinic Points of Contact - A breakdown of the appointments available to you as part of this service.

Fetal Movement Information - Information supplied by Tommy's Charity for you to familiarise yourself with and to follow with regard to fetal movement.

Hull Rainbow Clinic Plaque – This plaque is for you to bring into hospital with you during any admission and place on the door. Again this highlights to all staff entering your room this was a pregnancy following loss.

I'm a Rainbow Baby Sticker - This is to put on your babies red book for postnatal and health visitor appointments.

Feedback Clinic QR Code - We would appreciate your feedback on the service that we offer.

## Maternity Bereavement Feedback Form



We are very sorry for your loss, and we appreciate that this is an extremely difficult time for you and your family.

In an effort to understand the experiences of those using maternity services in Hull University Teaching Hospital, this questionnaire is for people who have experienced the loss of their baby/babies during pregnancy or shortly after birth.

Following advice from SANDS (stillbirth and neonatal death charity) and the London Clinical Networks, this feedback form has been developed by the local team for families who have experienced the loss of a baby.

Please complete as much or as little of the form that you are able to, some questions may not be relevant to your experience. Your feedback will help us to make service improvements locally and ensure future bereaved families receive empathetic and responsive bereavement care.

The feedback form can be completed by following the below link or by utilising the QR code below. All information given will remain anonymous.

If you require a paper copy of the feedback form or require any further advice or support please contact the Bereavement Midwives -

Mob: 07990800223 E-mail: hyp-tr.heybereavementmidwives@nhs.net

The Hull Bereavement Team support evaluation,please scan the QR code to the right and follow the instructions.



Contact 1 - Early Pregnancy Support

Telephone contact

Contact 2 – 14 week appointment Face to face

Contact 3 - Anatomy Scan Telephone contact

Contact 4 – 22 Week appointment – Face to face – antenatal check

Contact 5 – 32 Week appointment Face to face – antenatal check

Contact 6 – 36 Week appointment Telephone contact

Contact 7 - Birth Contact

Face to face

Contact 8 – 1 week postnatal contact Telephone contact/text

\*Please note appointments may be rescheduled should the hospital be experiencing high acuity and will be rearranged at the soonest opportunity

> The Hull Rainbow Clinic has been designed to offer additional clinical and emotional appointments during your pregnancy due to the understandable heightened anxiety you may be

experiencing.

The clinic is an opt-in service and the appointments will be in addition to your scheduled ultrasound, community midwife and consultant led appointments all of which will be specific to your individualised care needs.

If you would like us to support at any additional appointment or scan then please speak with a member of the team.

