

RADIOLOGY QUALITY MANAGEMENT SYSTEM (R-QMS)

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|---|--|---------------------|----------------------|--------------|--------|
| Title: | Guidelines for Authorising X-Ray Referrals from GP's | Ref: | PF-GUD-3 | Rev: | 6 |
| Author: | Trevor Parker | Owner: | Trevor Parker | Page: | 1 of 2 |
| Ratified By: | Plain Film & Fluoroscopy Operations Group | Issued Date: | 01 Oct 20 | | |
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CONSULTATION PROCESS

MSK Consultant Radiologists, Section Managers, Lead Radiographers

TARGET AUDIENCE

All Staff

| | Acceptable Clinical Indications | Indications NOT Acceptable |
|-----------------------|--|---|
| Sinuses | By Specialist referral Only | Headache Sinus disease |
| Knee | Knee pain with locking Painful prosthesis Trauma ? Osgood Schlatter's Disease OA | |
| Chest | Hypertension Specific Chest Pain SOB Pre-employment Lower respiratory infection – Acute/recurrent | ? Rib Fractures ? URTI Non-specific Chest pain Screening Smoker, no adverse clinical features |
| Cervical spine | Trauma Osteoporotic collapse Osteomyelitis Primary bone tumour Myeloma Metabolic bone disease | Neck Pain Brachialgia |
| Thoracic spine | | Back pain |
| Lumbar spine | | Chronic back pain with no pointers to infection or neoplasm. Disk herniation Sciatica with no adverse features. |
| Sacrum | Not indicated | |
| SIJ | ? sacroiliitis | |
| Coccyx | Acute trauma (lateral only). Persistent pain | |
| Shoulder | Trauma ? calcific tendonitis "Frozen" shoulder symptoms OA | Pain, localised or referred from neck |

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| | | |
|--|--|--|
| Hip | Trauma Orthopaedic Referral Complex history Pain & OA | |
| Calcaneum | Trauma ? Stress fracture | ? Spur and/or Plantar fasciitis - physiotherapy pathway |
| Hands/wrists/elbows Feet/ankles | Chronic pain – more than 6 weeks. Physiotherapy, NSAID'S already tried. OA | Acute pain with no known trauma – for less than 6 weeks |

RED FLAG SIGNS:

Include: Thoracic pain

- Fever and unexplained weight loss
- Unexplained weight gain
- Bladder or bowel dysfunction
- History of carcinoma
- Unexplained "lumps and bumps"
- Exhaustion and tiredness
- Ill health or presence of other medical illness
- Progressive neurological deficit
- Disturbed gait saddle anaesthesia
- Interrupted vision of any kind
- Persistent cough or breathing difficulties
- Age of onset <20 years or >55 years
- Painful prosthesis'

This list is not exhaustive.