

Cancer Psychological Service



Can we help you...

- Achieve the best possible quality of life during and after your journey with cancer?
- Offer you emotional support and practical help?
- Discuss any matters that are concerning you and your family?
- Help you learn 'self-help' skills, such as relaxation techniques and visualisation?



Video Drop-In

Tuesdays 9.30-15.30
(Closed 12.00-13.00)

Click on the
'Attend Anywhere'
link available on our website:

www.hey.nhs.uk/queens/cancerpsychologicalservice/



Telephone Drop-In

Wednesdays 9.30-15.30
(Closed 12.00-13.00)

01482 461130

Or

For a call back from our Drop-In Team

Call

01482 461060 / 461061 (Monday – Friday 9.00 - 15.00)