

Great Staff - Great Care - Great Future

USEFUL CONTACT NUMBERS AND WEBSITES

Hull Royal Infirmary Pharmacy

Monday - Friday 8.30am – 6.00pm
Saturday 09.30-5.00pm
Sunday 09.30-4.00pm

(01482) 674412 / 675939

Castle Hill Hospital Pharmacy

Monday - Friday 8.30am – 6.00pm
Saturday 09.30-5.00pm
Sunday 09.30-4.00pm

(01482) 623277 / 623278

NHS 111

You can call 111 when you need medical help fast but it is not a 999 emergencies. NHS 111 is available 24 hours a day, 365 days a year. Calls are free from landlines and mobile phones

Tel: 111

NHS Choices

NHS Choices provides online information and guidance on all aspects of health and healthcare, to help you make decisions about your health. Web:

www.nhs.uk

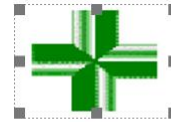
Smoke free National Helpline

Free number: 0300 123 4044

Monday – Friday 9am - 8pm, Saturday and Sunday 11am - 4pm

If you need to go back into hospital, remember if possible, to take an up to date list of your current medications

This service is supported and working in partnership with Yorkshire and Humber Academic Health Science Network (YHAHSN), Community Pharmacy Humber and Hull University Teaching Hospitals NHS Trust. The leaflet was written September 2019, Review date: September 2022



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REFER TO PHARMACY – SUPPORT WITH YOUR MEDICINES WHEN YOU LEAVE HOSPITAL



It is common to have changes made to your regular medicines or new medicines started during your hospital admission

The hospital pharmacy team can help to ensure that you receive further advice and support with your medicines when you leave hospital

WHAT IS REFER TO PHARMACY?

The REFER TO PHARMACY service is provided free by the NHS, and creates an important link between you and your community pharmacist (chemist) by sharing information about your medicines on discharge

Once discharged from hospital you are able to visit your community pharmacist for a consultation

The consultation provides an opportunity to discuss your medicines and address any questions you may have



HOW DOES REFER TO PHARMACY SERVICE WORK?

- Before you leave hospital, the hospital pharmacy team will ask if you would like a referral to your community pharmacy
- You chose the community pharmacy most convenient for you
- Your chosen community pharmacy will receive an electronic referral and a copy of your discharge information including dose changes, stopped medicines and new medicines started
- The electronic referral process is a secure system between hospital and community pharmacies
- This can only be done with your CONSENT
- Once you are home the community pharmacy will contact you and arrange a convenient time for a consultation, or you can contact the community pharmacy directly

HOW CAN REFER TO PHARMACY SERVICE HELP YOU?

- Medicines prescribed to patients are not always taken correctly
- This can be due to not realising changes have been made during a hospital admission
- When medicines are not taken correctly, they could affect your medical condition
- Your pharmacist can give you all the information you need to take your medicines correctly and allow you to obtain the best from your medicines safely

HOW CAN REFER TO PHARMACY SERVICE HELP YOU?

Your community pharmacist is an expert in medicines and can help support your knowledge and understanding and will:

- Discuss any new medicines
- Look for changes to any existing medicines that have been made during hospital admission
- Explain what your medicines are for
- Explain how best to take your medicines
- Explain any side-effects you need to be aware of
- Review all the medicines that you are taking
- Address any questions you may have about your medicines

During the consultation the pharmacist will take time to fully explain what each medicine is for, common side-effects and how to take them safely

You can also ask your pharmacist about other services such as:

- Healthy living advice
- Advice on treating minor illnesses
- Help with stopping smoking
- Flu vaccinations