



Hull University Teaching Hospitals NHS Trust

USEFUL CONTACT NUMBERS AND WEBSITES

Hull Royal Infirmary Pharmacy

Monday - Friday 8.30am - 6.00pm

Saturday 10.00am - 5.00pm

Sunday 10.00am - 4.00pm

Castle Hill Hospital Pharmacy

Monday - Friday 8.30am - 6.00pm

Saturday 10.00am - 5.00pm

Sunday 10.00am - 4.00pm

(01482) 311665 / 311668

(01482) 624100 / 623278

NHS 111

You can call 111 when you need medical help fast, alternatively use 999 when it is an emergency. NHS 111 is available 24 hours a day, 365 days a year. Calls are free from landlines and mobile phones.

Tel: 111

NHS Website: www.nhs.uk

Provides online information and guidance on all aspects of health and healthcare, to help you make decisions about your health.

For Free NHS Quit Smoking Support

Download the NHS 'Quit Smoking App'

Alternatively you can call the free Smokefree Helpline on 0300 123 4044.

If you need to go back into hospital, remember if possible, to take an up to date list of your current medications

This service is supported and working in partnership with Community Pharmacy Humber and Hull University Teaching Hospitals NHS Trust. The leaflet was written July 2025, Review date: July 2028.



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Great Staff - Great Care - Great Future

REFER TO PHARMACY – DISCHARGE MEDICINES SERVICE (DMS)



It is common to have changes made to your regular medicines or new medicines started during your hospital admission.

The hospital pharmacy team can help to ensure that you receive further advice and support with your medicines when you leave hospital.

WHAT IS REFER TO PHARMACY DISCHARGE MEDICINES SERVICE (DMS)?

Discharge Medicines Service (DMS) is an essential service all community pharmacies provide to patients who would benefit from extra support related to their medicines.

The Discharge Medicines Service (DMS) increases communication across different care settings.

It creates an important link between the hospital and your community pharmacy (chemist) by sharing information about your medicines on discharge.



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HOW DOES REFER TO PHARMACY - DISCHARGE MEDICINES SERVICE WORK?

- During your hospital admission, the hospital pharmacy team will ask if you would like a referral to your community pharmacy
- Once we have obtained your CONSENT, the pharmacy team will record your chosen community pharmacy and start the DMS process
- Your chosen community pharmacy will receive a digital referral and a copy of your discharge information including dose changes, stopped medicines and new medicines started
- The digital referral is sent via a secure system between the hospital and your community pharmacy

DISCHARGE SERVICE CRITERIA FOR REFERRAL

Patients who would benefit from the service include:

- ✓ Age over 65 years
- ✓ Use compliance aids e.g. NOMAD
- ✓ Take more than 5 long-term medicines
- ✓ Changes to their medicines
- ✓ New medicines started
- ✓ Taking high-risk or critical medicines e.g. anticoagulants

This list is not exhaustive.

The hospital pharmacy team will assess your discharge prescription to confirm if you would benefit from this service.



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HOW CAN REFER TO PHARMACY – DISCHARGE MEDICINES SERVICE HELP YOU?

- Using the information in the referral your community pharmacist will compare your medicines at discharge to those you were taking before admission to hospital.
- When a new prescription is issued by the GP the community pharmacist will check you are taking the medications you should be taking after discharge from hospital.
- A consultation with your community pharmacist, yourself and/or carer will help ensure you understand the medicines you should now be taking.

Your community pharmacist is an expert in medicines and can help support your knowledge and understanding and will:

- Discuss any new medicines
- Explain what your medicines are for
- Explain how best to take your medicines
- Explain any side-effects you need to be aware of
- Review all the medicines that you are taking
- Address any questions you may have about your medicines