

## CARDIAC SUPPORT GROUP

This was formed in 1990 to provide support and practical advice to patients and their families when they are informed by a cardiac surgeon that they require open heart surgery.

### Remember

We went into hospital with cardiac problems and we went home with thanks to the dedicated Cardiac Surgical Unit.

It is reiterated that the Cardiac Support Group works on behalf of Castle Hill Hospital cardiac patients only.

This leaflet was produced by the Cardiac Support Group, Hull University Teaching Hospitals NHS Trust and will be reviewed in June 2022.

Ref: HEY228/2019

## USEFUL CONTACT NUMBERS

Castle Hill Hospital  
Switchboard  
(01482) 875875

Ward 27  
(01482) 4661618

Ward 26  
(01482) 4661612

NHS Direct 08454647

Scunthorpe Hospital  
Switchboard  
(01724) 282282

York Hospital  
Switchboard  
(01904) 631313/610700

Scarborough Hospital  
Switchboard  
(01723) 368111

Louth Hospital  
Switchboard  
(01507) 600100

## CASTLE HILL HOSPITAL

### CARDIAC SUPPORT GROUP



Affiliated to  
British Heart Foundation

Assisting Heart Patients  
with Help and Advice

Before  
and  
After  
Surgery

At  
Castle Hill Hospital



## CARDIAC

### WHO ARE WE?

Our group is run by volunteers registered with the Hull University Teaching Hospitals NHS Trust most have either had a bypass or valve replacement operation or both.

### WHAT WE DO

Our objectives are:

“To offer support to patients and their relatives/carers using our own personal experiences”

### HOW DO WE DO IT?

Some of the group volunteers are on duty every Friday morning in the Cardiac Surgical Outpatients Unit at Castle Hill Hospital from 9:30 am. Also on duty every Thursday afternoon on Ward 26 and Ward 27

The volunteers are available to provide practical support and discuss with patients

any concerns they may have regarding their operation or to talk to a member.

## SUPPORT

### CARDIAC UNIT SUPPORT

The Cardiac Support Group assists the unit by raising funds through organising activities and providing equipment and other help to Castle Hill Hospital Cardiac Unit.

### HOW TO CONTACT THE VOLUNTEERS



Please contact the Castle Hill Cardiac Support Group on (01482) 626773

## GROUP

### WHERE AND WHY WE DO IT

The volunteers, with their partners and friends hold a meeting in the Lecture Theatre at Castle Hill Hospital at 10:15 am on the last Thursday of the month. (EXCEPT DECEMBER)

If you are a heart patient and wish to meet other people who have undergone open heart surgery, you are welcome to attend our monthly meetings.

Our monthly meeting are the focal point for members to meet, chat and see how the Cardiac Support Group works.

Guest speakers are invited to attend our monthly meetings. We also have social events.

#### Committee Members

**Chair:** Sandra Woodcock

**Vice Chairman:** Tony Barker

**Secretary:** Sandra Woodcock

**Treasurer:** Tony Wilkinson