



Hull University Teaching Hospitals NHS Trust



Hull University Teaching Hospitals NHS Trust

Great Staff - Great Care - Great Future

USEFUL CONTACT NUMBERS

Hull Royal Infirmary Pharmacy

(01482) 674412 / 675939

Monday - Friday 8.30am – 6.00pm

Saturday 09.30am - 5.00pm

Sunday 09.30am - 4.00pm

Bank Holidays 10.00am – 4.00pm

Good Friday 8.30am – 6.00pm

Christmas Day 10.00am to 4.00pm

Castle Hill Hospital Pharmacy

(01482) 623277 / 623278

Monday - Friday 8.30am – 6.00pm

Saturday 09.30am - 5.00pm

Sunday 10.00am - 4.00pm

Bank Holidays 10.00am – 4.00pm

Good Friday 8.30am – 6.00pm

Christmas Day 10.00am to 4.00pm

Queens Centre for Oncology and Haematology

contact Castle Hill Hospital Pharmacy

NHS 111

You can call 111 when you need medical help fast but it is not a 999 emergency. NHS 111 is available 24 hours a day, 365 days a year.

Calls are free from landlines and mobile phones.

Tel: 111

NHS Choices

NHS Choices provides online information and guidance on all aspects of health and healthcare, to help you make decisions about your health. Web:

www.nhs.uk

Smoke free National Helpline

Free number: 0300 123 4044

Monday – Friday 9am - 8pm, Saturday and Sunday 11am - 4pm

If you need to go back into hospital, remember if possible to take an up to date list of you current medications.

GENERAL INFORMATION LEAFLET ABOUT YOUR PRESCRIBED MEDICATION ON DISCHARGE



FURTHER SUPPLIES

When you are discharged from hospital, the hospital pharmacy will ensure you have an appropriate supply of all your medications.

Your GP surgery will ensure your medications records are reviewed and updated.

When you require a further supply of your medications, check what medications you still have at home before re-ordering.

Think carefully before ticking all the boxes on your repeat prescription form and **ONLY** tick those you need.

*This leaflet was produced by the Pharmacy Department, Clinical Support Services, Hull University Teaching Hospitals NHS Trust
Written March 2019, Review date: March 2022*



HOW SHOULD YOUR MEDICINES BE USED?

- Take your medicine in the way your doctor has told you to.
- Follow the printed instructions on the label carefully. If this is unclear or differs to the way the doctor has told you, contact the pharmacy using the details on the pharmacy label.
- Ask your doctor, nurse or pharmacist to explain anything that you do not understand.
- Your community pharmacy will be able to give you advice and support after you leave hospital.
- If your medicines were changed or a new medication started in hospital you are eligible to have a Medicines Use Review (MUR) or New Medicines Service (NMS) at your community pharmacy. This is a free NHS service to help you find out more about the medicines you are taking in a confidential discussion with your community pharmacist.

HOW TO STORE YOUR MEDICINES

- Keep medication in the containers they were supplied in.
- Please follow any instructions on how to keep your medication which may appear on the label or container e.g. store in the fridge.
- Store medication in a dry place, out of direct sunlight and avoid humid/warm conditions e.g. do not store medicines on top of a fridge.



PRECAUTIONS

NEVER share your medications with anyone else they are prescribed only for **YOU**.

NEVER take medications from an unlabelled container.

NEVER transfer medications from one container into another.

KEEP medication out of reach and sight of children.

BE AWARE the medicines supplied by your local pharmacy **MAY** look different from those supplied by the hospital pharmacy.

CAUTION when using all skin emollient products
DO NOT smoke or use naked flames or go near anyone smoking or using naked flames. Change clothing and bedding regularly, any emollient soaked fabric is a potential fire hazard.

CAUTION if you are taking a medication that may make you sleepy. If this happens **DO NOT DRIVE** or use tools or machines. It is an offence to drive while under the influence of drugs.

Further information is available at the following website:

<https://www.gov.uk/drug-driving-law>

PLEASE take unused, out of date or changed medications to your local community pharmacy for safe disposal.

NEVER dispose of your unused or unwanted medicines down the toilet.