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|---------------|--|------------|--|
| Patient Name | | NHS Number | |
| Date of Birth | | Height | |

ANTIPSYCHOTIC MONITORING FORM: MAINTENANCE (From 1st year of treatment)

All tests listed as Y or B have to be completed at least **Annually** after the first 12 months of treatment. Also, specific parameters are also recommended on dose changes or introduction of other medication/lifestyle changes that could affect patients health.

Please write exact date of tests on the results boxes below with either the Result **Value** or codes: **N=Normal ; A=Abnormal**

| | Amisulpride | Aripiprazole | Clozapine | Olanzapine | Quetiapine | Risperidone/ Paliperidone | Lurasidone | Typical Agents | | | | | | | | | | |
|----------------------------|-------------|--------------|-----------|------------|------------|------------------------------|------------|----------------|---|---|---|---|---|---|---|---|---|---|
| Weight (Kg) | Y | Y | Y | Y | Y | Y | Y | Y | | | | | | | | | | |
| BMI | Y | Y | Y | Y | Y | Y | Y | Y | | | | | | | | | | |
| Waist Circumference | Y | Y | Y | Y | Y | Y | Y | Y | | | | | | | | | | |
| BP | Y | Y | Y | Y | Y | Y | Y | Y | / | / | / | / | / | / | / | / | / | / |
| Pulse | Y | Y | Y | Y | Y | Y | Y | Y | | | | | | | | | | |
| Blood lipids | Y | Y | Y | Y | Y | Y | Y | Y | | | | | | | | | | |
| ECG | Y | Y | Y | Y | Y | Y | Y | Y | | | | | | | | | | |
| FBC | NR | NR | SM | NR | NR | NR | NR | NR | | | | | | | | | | |
| FPG | Y | Y | Y | Y | Y | Y | Y | Y | | | | | | | | | | |
| HbA_{1c} | | | | | | | | | | | | | | | | | | |
| Prolactin | Y | Y | Y | Y | Y | Y | Y | Y | | | | | | | | | | |
| LFTs | Y | Y | Y | Y | Y | Y | Y | Y | | | | | | | | | | |
| U&Es | C | C | C | C | C | C | C | C | | | | | | | | | | |
| Side Effects | Y | Y | Y | Y | Y | Y | Y | Y | | | | | | | | | | |
| Movement Disorders | Y | Y | Y | Y | Y | Y | Y | Y | | | | | | | | | | |
| Treatment Response | Y | Y | Y | Y | Y | Y | Y | Y | | | | | | | | | | |
| Adherence | Y | Y | Y | Y | Y | Y | Y | Y | | | | | | | | | | |

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|----|---|----|--|
| SM | specific monitoring is required under the terms of the SPC | NR | no requirement for monitoring this parameter |
| C | not required by NICE, although can be used for choice of antipsychotic or if clinically indicated | Y | monitoring required |