HERPC Hull and East Riding Prescribing Committee

Formulary Blood Glucose Meters

	Accu-chek Mobile (black or pink)	Accu-chek Instant	CareSens Dual	Contour Black	GlucoMen Areo	GlucoMen Areo 2K	My Life Pura X	Nexus Nexus Voice Nexus Mini	WaveSense Jazz Wireless
Test strip (50)	Mobile Cassette (£9.99)	Instant (£7.50)	CareSens Pro (£9.95)	Contour (£9.99)	GlucoMen areo (£8.25)	GlucoMen areo (£9.95)	My Life Pura (£9.50)	GlucoRx Nexus (£8.95)	Wave Sense Jazz (£8.74)
Ketone Test strips (10)			KetoSens (£9.95)			Glucomen areo Ketone Sensor testing strips (£9.95)			
Manufacturer	Roche	Roche	Spirit	Ascensia	Menarini	Menarini	Ypsomed	GlucoRx	AgaMatrix
Customer Care Contact details (08 & 03 numbers free, some mobile networks may charge)	Roche Diabe 0800 040722 020 3499 619 https://www.achek.co.uk/ Accu-check i also be used app to recome doses for T11 who are adju	nstant can with MySugr mend bolus DM patients	0116 256 5000 Info@spirit- healthcare.co .uk 0800 0881 5423	Ascensia Diabetes Care UK Ltd 0345 600 6030 www.diab etes.asce nsia.co.uk	A.Menarini D 0118 944 41 www.glucom Customer ca 0800 24366	00 <u>en.co.uk</u> re:	www.mylife - diabetescar e.co.uk 0344 856 7820	01483 755 133 info@glucorx .co.uk 0800 007 5892	01235 838588 www.agamatrix.c o.uk 0800 0930 1812 (First line for Gestational Diabetes)

Specialist meters for T1DM patients	Meter	Accu-chek Aviva Expert	Contour Next Link	Freestyle InsulinX	Mylife Unio
	Test Strip	Aviva	Contour Next	Freestyle Lite	Mylife Unio
Who are adjusting insulin	Strips available on GP prescription	yes	yes	yes	yes
doses Who have attended DAFNE			Can sync with Medtronic pump		
courses	Manufacturer	Roche	Ascensia	Abbott	Ypsomed
These require individual	Customer Care contact details	0800 047221 020 3499 6159	0345 600 6030	0800 170 1177	0344 856 7820
patient set up /instruction by the Diabetes Clinic Team		Current pts only			For paediatric patients



Patients for Flash Glucose monitoring and CGMS are selected and monitored by the Diabetes Clinic

	Flash Glucose Monitoring	Continuous Glucose Monitoring Systems (CGMS)	
	Freestyle Libre / Freestyle libre 2	Dexcom 5 and others	
Sensors	Freestyle Libre and Freestyle Libre 2 sensors		
Available on GP prescription	Yes. Joint Formulary status Blue: guideline led, prescribed on advice of specialist or in line with national / local guideline (from August 2019).	NO CGMS policy is on CCG website http://www.hullccg.nhs.uk/wp-	
	The specialist team will provide the patient with a 2 week sensor supply and the FreeStyle Libre® device and will notify the GP their patient has been initiated.	content/uploads/2018/03/continuous-glucose-monitoring-policy.pdf	
	GPs will then issue a prescription for 2 FreeStyle Libre® sensors per month. At 6 months, the specialist team will review the patient and advise the GP if the patient is to continue to receive Freestyle Libre on prescription.		
	7 litres DOOP sharps bins will be supplied initially by the hospital team. Future supplies are prescribable on FP10 prescriptions. Check https://www.hey.nhs.uk/herpc/ for commissioning statements and information.		
	Sensors measure levels of glucose in interstitial fluid. Patients still require a blood glucose monitor and test strips for checking blood glucose +/or ketone test strips, when levels are changing rapidly eg. for monitoring hypos/hypers and if driving, for mandatory blood glucose monitoring for DVLA rules. Freestyle Optimum Blood glucose testing strips and Freestyle Optium β ketone testing strips can be prescribed in primary care and used with the Freestyle Libre and Freestyle Libre 2 reader. Insert the strip into the test strip port and apply a fingertip blood sample. Results are recorded in the reader. It is more cost effective to use a standard blood glucose meter with lower cost test strips if frequent blood glucose/ ketone monitoring is required.	Available through Adult or Paediatric Diabetes Clinic only	
Manufacturer	Abbott		
Customer contact details	0800 612 3000 ADChelplink@abbott.com		