

INTRODUCTION TO PAUL - FOR BRAIN RECOVERY

If you are reading this pack, then chances are you or a loved one has been affected by brain injury.

We are sorry you are faced with this difficult time. Paul - For Brain Recovery wants to help.

We are a charity that was founded by a brain injury survivor - Paul Spence. Because of this, we have an understanding of what you are up against!

Paul started his brain recovery in 2012. He faced a long recovery and realised the lack of support in the community.

“Brain recovery can be a long drawn out battle. I was told that I would have a 2-3 year recovery and at the end I wouldn't be the same! I have walked that difficult path and fortunately come out the other side. I feel it's my duty to help others progress to a bright future”

We want to make life easier after brain injury by offering positivity, awareness, understanding and love for everyone affected.

“Where ever you are in brain recovery, we send you a message that things can get better over time. Support and guidance is here.”

Our very best wishes,

Paul - For Brain Recovery team X

paulforbrainrecovery.co.uk

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