

Prescribing Guidelines for Stoma Products - SUMMARY TABLE

For full guideline go to <http://www.hey.nhs.uk/wp/wp-content/uploads/2016/03/stomaCareAppliance.pdf>

	Type of Appliance	Frequency of Appliance change	Quantity prescribed per month	Notes
Colostomy Large bowel stoma. Usually formed stool	One piece closed appliance	Changed 1-3 times a day	30 - 90 pouches : Usually packed in boxes of 30 (1 - 3 boxes per month)	Bags are not drainable / reusable
	Two piece closed appliance	Flange – changed 2-3 times a week Pouch – changed 1-3 times a day	10 -15 flanges : Usually packed in boxes of 5 or 10 (1 - 3 boxes per month) 30 - 90 pouches : Usually packed in boxes of 30 (1 - 3 boxes per month)	
	Drainable pouch	Changed every 1-2 days	15 - 30 pouches : Usually packed in boxes of 30	
Ileostomy Small bowel stoma. Semi-formed or loose output. Average volume 500-800mls	One piece drainable appliance	Changed every 1-2 days	15 - 30 pouches : Usually packed in boxes of 10 or 30	Drain as required throughout the day
	Two piece drainable appliance	Flange - changed 2-3 times a week Pouch - changed every 1-2 days	10 -15 flanges : Usually packed in boxes of 5 or 10 15 - 30 pouches : Usually packed in boxes of 10 or 30	
Urostomy	Urostomy all in one bag	Usually 1 bag every 2 days	10-20 bags (1-2 boxes of 10 bags)	
	Urotomy flange bag	Usually 1 bag every 2 days	10-20 bags (1-2 boxes of 10 bags)	
	Urostomy flange (for use with flange bag)	Usually remains in situ for approximately 2 days - change every 2 days		
	Urostomy night drainage bag	Use a new bag every 7 days	4 bags (1 box of 10 bags every 2 to 3 months)	

Prescribing Guidelines for Stoma Accessories – SUMMARY TABLE

	Frequency of Appliance change	Quantity prescribed per month	Notes
Adhesive remover	Used each time stoma appliance changed	1-2 cans per 30 bags	To aid removal of appliance
Barrier creams	N/A	Not routinely recommended	Barrier creams are not usually recommended as they reduce adhesion of bags/flanges
Belts	N/A	2 per year	Usually worn with a convex appliance. Washable and reusable. One should ordered first to ensure patient can manage before requesting another
Deodorants	N/A	Not routinely recommended	Should not be required. If pouch is correctly fitted, no odour should be apparent except when bag is emptied or changed. Household air freshener is sufficient in most cases
Ostomy Powders	N/A	Not routinely recommended	
Protective rings	Each time appliance changed	As per appliance	Used for skin protection and useful to fill skin creases. To be used under advice of stoma care nurse only
Skin fillers (pastes)	Used each time stoma appliance changed	1-2 tubes per month	Used to fill skin creases. Not usually for long term use
Skin protective wipes	N/A	Not routinely recommended	Short term use only (acute prescription): May be used on skin that is irritated/inflamed to promote healing. If used for > 3 months, refer patient to stoma nurse
Support garments should not be prescribed, unless a patient develops a parastomal hernia and/or has been advised to wear 'support garments' by the stoma nurse	N/A	If stoma nurse requested a reasonable quantity to order initially would be 2 girdles per year.	One should ordered first to ensure patient can manage before requesting another
Stoma underwear Stoma underwear should not be prescribed, unless a patient develops a parastomal hernia and/or has been advised to wear 'support underwear' by the stoma nurse	N/A	If stoma nurse requested a reasonable quantity to order would be 3 light support underwear per year.	