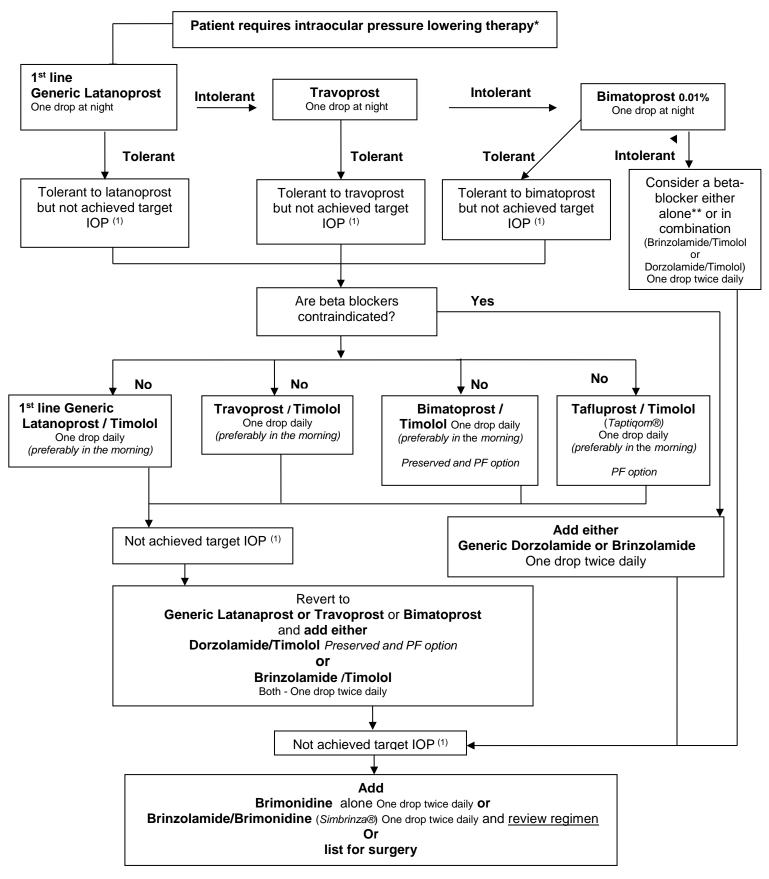
Hull and East Riding Prescribing Committee

Guidelines for prescribing eye drops for adults (18yrs and over) with chronic open angle glaucoma requiring initial treatment



Link to ophthalmology products https://www.hey.nhs.uk/wp/wp-content/uploads/2016/03/ophthalmologyProducts.pdf

* Preservative free (=PF) versions of preparations listed above, where available, should be used in patients with known sensitivity to preservatives. ** Where a preservative free preparation of Timolol is required, Timolol 0.1% UDV (*Tiopex*), one drop each morning, is recommended.

Intolerance or inefficacy to all above agents should prompt consideration of compliance / drop installation technique.

Target IOP = the intraocular pressure below which it is hoped that a normal (not pathological) rate of decay will occur. This will vary for each patient and is dependent upon several factors including age, severity of glaucoma (in both eyes), highest recorded intraocular pressure, central corneal thickness and rate of glaucoma visual field progression.

The eye drop hierarchy: prostaglandins, then beta-blockers, then carbonic anhydrase inhibitors, and then alpha-agonists.

Approved HERPC May 2021 Review May 2024