

Staphylococcal Decontamination Regime

This treatment is designed to remove the harmful bacteria from the skin which cause boils and abscesses. As the bacteria live in the nose, you will also have a cream for the nose.

Nose

Naseptin nasal Cream (0.1%) apply to both nostrils twice daily for 14 days

OR

Mupirocin nasal Ointment (2%) apply to both nostrils twice daily for 14 days

Skin

Chlorhexidine 4% scrub use daily in the shower to all areas including hair, for 14 days.

OR

Betadine scrub & Betadine shampoo use daily in the shower. use shampoo for scalp and hair use scrub for rest of body for 14 days.

Notes

- 1) Do not use Betadine if you are allergic to iodine.
- 2) If you develop any rashes or skin irritation while on the treatment stop using it and contact the Department.
- 3) Do not share flannels, towels etc. with family members.
- 4) All flannels, towels, sheets, pillowcases and duvet covers should be changed twice weekly during the treatment and hot washed (60°C).
- 5) Occasionally other close family members may also carry the bacteria without having any serious infections. We may therefore wish to treat all family members simultaneously.
- 6) If the treatment is not effective the first time, we may ask you to repeat it and give you antibiotics to take at the same time. Please tell us if you have any allergies to antibiotics. You will need to take the antibiotics for 14 days, at the same time as you use the skin cleaner and nose cream.

The antibiotics that we use are:

Flucloxacillin 500mg four times per day
Rifampicin 600mg daily

Rifampicin will colour urine and tears red. It will prevent the oral contraceptive pill working, so other contraception is required while taking it. Do not use permanent or monthly contact lenses with it, as they will be stained red.

If you are allergic to Penicillin or Flucloxacillin we will give you:-
Erythromycin 500mg four times per day