**Humber Long COVID Triage & Assessment Service**

<Sender Address>

Dear Colleague

Please see the enclosed information in referral of the below patient, who was discussed within the Humber Long COVID Triage & Assessment Service.

|  |  |  |
| --- | --- | --- |
| **Patient Name:** <Patient Name> | **NHS Number:** <NHS number> | **DOB:** <Date of Birth> |
| **Patient Address:** <Patient Address> |

**Clinical Summary for Onward Referrals**

<Humber Long COVID MDT Patient Summary (1 - MDT Patient Summary > Clinical summary for Onward Referrals - Answer)>

**Yorkshire Rehab Screening Tool**

**Questions:**

<COVID19 Yorkshire Rehabilitation Screening (3 - Questions > Have you had any medical problems related to COVID-19 that needed hospital admission? )>

<COVID19 Yorkshire Rehabilitation Screening (3 - Questions > Medical problems relating to COVID19 hospital admission: )>

<COVID19 Yorkshire Rehabilitation Screening (3 - Questions > Have you used any other health services to manage COVID-19 symptoms (e.g., your GP, counselling, psychology, physiotherapy, occupational therapy, social prescribers?))>

<COVID19 Yorkshire Rehabilitation Screening (3 - Questions > Other services used to manage COVID19 symptoms:)>

<COVID19 Yorkshire Rehabilitation Screening (3 - Questions > Do you work (or worked) for the NHS during the COVID19 pandemic?\_NHS workers are defined as people working in any NHS sector, patient facing and non-patient facing. The covid pandemic is classed as from 30th January 2020)>

**Breathlessness**

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Breathlessness NOW - At rest?\_On a scale of 0-10, with 0 being not breathless at all, and 10 being extremely breathless, how breathless are you:)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Breathlessness BEFORE-COVID - At rest?\_On a scale of 0-10, with 0 being not breathless at all, and 10 being extremely breathless, how breathless are you:)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Breathlessness NOW - On dressing yourself?\_On a scale of 0-10, with 0 being not breathless at all, and 10 being extremely breathless, how breathless are you:)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Breathlessness BEFORE-COVID - On dressing yourself?\_On a scale of 0-10, with 0 being not breathless at all, and 10 being extremely breathless, how breathless are you:)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Breathlessness NOW - On walking up a flight of stairs?\_On a scale of 0-10, with 0 being not breathless at all, and 10 being extremely breathless, how breathless are you:)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Breathlessness BEFORE-COVID - On walking up a flight of stairs?\_On a scale of 0-10, with 0 being not breathless at all, and 10 being extremely breathless, how breathless are you:)>

**Cough / Throat Sensitivity / Voice Change**

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Have you got any of the below symptoms?)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Which of the three is the worst symptom?)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Rate the severity of this cough / throat / voice problem NOW\_(0 being not present, 10 being severe and life disturbing) )>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Rate the severity of this cough / throat / voice problem BEFORE-COVID\_(0 being not present, 10 being severe and life disturbing) )>

**Swallowing / Nutrition**

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Are you having difficulties eating, drinking or swallowing such as coughing, choking or avoiding any food or drinks?)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Rate the severity of swallowing problem NOW\_(0 being no symptom, 10 being severe and life disturbing) )>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Rate the severity of swallowing problem BEFORE-COVID \_(0 being no symptom, 10 being severe and life disturbing) )>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Are you or your family concerned that you have ongoing weight loss or any ongoing nutritional concerns as a result of Covid-19?)>

**Fatigue**

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Do you become fatigued more easily compared to before your illness?)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Rate the severity of fatigue NOW \_(0 being not present, 10 being severe and life disturbing) )>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Rate the severity of fatigue BEFORE-COVID\_(0 being not present, 10 being severe and life disturbing) )>

**Continence**

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Since your illness are you having any new problems with:)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Which of these two is the worst symptom?)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Rate severity of continence problem NOW\_(0 being not present, 10 being severe and life disturbing) )>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Rate severity of continence problem BEFORE-COVID\_(0 being not present, 10 being severe and life disturbing) )>

**Pain / Discomfort**

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Have you got any pain that is new since contracting the illness?)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Chest pain)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Joint pain)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Muscle pain)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Headache)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Abdominal)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Other pain)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Within the last week, which of these was the worst problem:)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Rate the severity of this pain problem NOW\_(0 being no pain or discomfort, 10 being severe and life disturbing pain) )>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Rate the severity of this pain problem BEFORE-COVID\_(0 being no pain or discomfort, 10 being severe and life disturbing pain) )>

**Cognition**

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Since your illness have you had new or worsened difficulty with:)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Which of these three is the worst symptom?)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Rate the severity of this cognitive problem NOW\_(0 being not present, 10 being severe and life disturbing) )>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Rate the severity of this cognitive problem BEFORE-COVID\_(0 being not present, 10 being severe and life disturbing) )>

**Anxiety**

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > On a 0-10 scale, how severe is any anxiety you are experiencing? NOW\_0 means I am not anxious, 10 means I am extremely anxious.)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > On a 0-10 scale, how severe is any anxiety you are experiencing? BEFORE-COVID\_0 means I am not anxious, 10 means I am extremely anxious.)>

**Depression**

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > On a 0-10 scale, how severe is any depression you are experiencing? NOW\_0 means I am not depressed, 10 means I have extreme depression.)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > On a 0-10 scale, how severe is any depression you are experiencing? BEFORE-COVID\_0 means I am not depressed, 10 means I have extreme depression.)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Are you currently having thoughts about harming yourself in any way?)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Relevant CRISIS Service Telephone Number passed onto patient?)>

**PTSD Screen**

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Have you had any unwanted memories of your illness whilst you were awake, so not counting dreams?)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Have you had any unpleasant dreams about your illness?)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Have you tried to avoid thoughts or feelings about your illness?)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Rate the severity of these stress problems NOW\_(0 being not present, 10 being severe and life disturbing))>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Rate the severity of these stress problems BEFORE-COVID\_(0 being not present, 10 being severe and life disturbing))>

**Communication**

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Since your illness have you had new or worsened difficulty with communication/word finding difficulty/ understanding others?)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Rate the severity of communication problem NOW \_(0 being not present, 10 being severe and life disturbing))>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Rate the severity of communication problem BEFORE-COVID\_(0 being not present, 10 being severe and life disturbing))>

**Mobility**

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > On a 0-10 scale, how severe are any problems you have in walking about? Or moving about if you normally walk using aids NOW\_0 means no problems, 10 means severe or completely unable to walk about.)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > On a 0-10 scale, how severe are any problems you have in walking about? Or moving about if you normally walk using aids BEFORE-COVID\_0 means no problems, 10 means severe or completely unable to walk about.)>

**Personal Care**

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > On a 0-10 scale, how severe are any problems you have in personal cares such as using the toilet, washing and dressing yourself? NOW\_0 means no problems, 10 means completely unable to do or fully dependent on others to help.)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > On a 0-10 scale, how severe are any problems you have in personal cares such as using the toilet, washing and dressing yourself? BEFORE-COVID\_0 means no problems, 10 means completely unable to do or fully dependent on others to help.)>

**Other Activities of Daily Living**

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > On a 0-10 scale, how severe are any problems you have in doing your usual activities, such as your household work, leisure activities, work, study or shopping? NOW\_0 means no problems, 10 means completely unable to do or fully dependent on others to help.)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > On a 0-10 scale, how severe are any problems you have in doing your usual activities, such as your household work, leisure activities, work, study or shopping? BEFORE-COVID\_0 means no problems, 10 means completely unable to do or fully dependent on others to help.)>

**Social Roles**

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > On a 0-10 scale, how severe are any problems you have in caring for family members and/or your interaction with friends that are related to your illness (and not due to the social distancing/lockdown measures)? NOW\_0 means no problems, 10 means completely unable to do )>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > On a 0-10 scale, how severe are any problems you have in caring for family members and/or your interaction with friends that are related to your illness (and not due to the social distancing/lockdown measures)? BEFORE-COVID\_0 means no problems, 10 means completely unable to do )>

**General Health**

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > How good or bad is your health overall? 10 means the best health you can imagine NOW\_0 means the worst health you can imagine. )>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > How good or bad is your health overall? 10 means the best health you can imagine BEFORE-COVID\_0 means the worst health you can imagine. )>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Occupation:)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Employment status before COVID19 lockdown:)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Employment status before you became ill:)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Employment status now:)>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Do you think your family or carer would have anything to add from their perspective? )>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Are you experiencing any other new problems since your illness we haven't mentioned? )>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Rate palpitations\_(0 being not present, 10 being severe and life disturbing))>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Rate dizziness / falls\_(0 being not present, 10 being severe and life disturbing))>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Rate weakness\_(0 being not present, 10 being severe and life disturbing))>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Rate sleep problems\_(0 being not present, 10 being severe and life disturbing))>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Rate fever\_(0 being not present, 10 being severe and life disturbing))>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Rate skin rash\_(0 being not present, 10 being severe and life disturbing))>

<COVID19 Yorkshire Rehabilitation Screening (4 - Scored Questions > Other symptoms:)>

Kind Regards

On Behalf of the Humber Long COVID Triage & Assessment Service